



FCC FRONTLINE

\ 'FRƏNT-,LĪN \ : THE MOST IMPORTANT OR INFLUENTIAL POSITION IN A DEBATE OR MOVEMENT



HOPE FROM THE DESK OF THE CEO

BY SHARI KASTEIN

As we look forward to a bright and exciting 2018, Family Crisis Centers is grateful for the support and friendship of so many. FCC's community, regional and statewide support has proven to be the sustenance in changing and saving lives in Iowa.

In March 2018, I will celebrate 20 years as Executive Director of this amazing agency. In the past 20 years, FCC has seen countless

transformations. FCC has grown from a small office building to large office complex and multi-level housing facility. In June 2019, FCC will complete an even greater expansion project.

Family Crisis Centers will purchase Interstates corporate office space while renovating our current location to include more independent apartments for survivors and victims. Each year FCC

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reaches over 25,000 survivors and victims of crime throughout the state of Iowa. We, as an agency, must prepare, strengthen and secure services for all those in need.

Serving the needs of survivors and victims has been my number one priority my entire career. Thanks to the generosity of our friends and supporters, I hope to continue this legacy.

WHAT DO WE DO?

We do so many different things, it just depends on who you ask.

For the family that lost a loved one to a tragic, senseless homicide, we are support. Support through the criminal justice proceedings, support through the grief, and support well after any trial concludes.

For the mom whose life has been consumed by violence, fear dictating each day, we are safety. A safe place to stay with everything she needs for her and her children. A place to talk options, resources and safety plans.

For the college student who was sexually assaulted, unsure of what happened and what to do next, we are a confidential, compassionate resource with our Call Center. A resource to talk next steps, resources for help, and listen without judgment.

For any victim or survivor of crime, anywhere in Iowa, we're an unwavering ally. Trained and compassionate advocates are ready to help whenever needed. Your allies are available 24 hours a day, 365 days a year with our Iowa Victim Service Call Center. Whether you need local

resources, want to know your options, or just need someone to talk to, we are here.

So what do we do? Put simply, we help people. We change lives. And sometimes we save lives too.

So what can you do? If you need help, you can call and we will be here for you. If you want to help others, you can give. You can give time and volunteer. Or you can give financially and help sustain the free and confidential services so many desperately need. You can be part of a lasting impact for so many.



A LASTING IMPACT

"Ten years ago my daughters and I received services from Family Crisis Centers. We were in a bad situation and I, with the help of an advocate, was able to leave the abusive relationship. In the past years I have worked towards a successful career helping others and have been raising my daughters in a healthy environment. My girls were too young at the time to realize how impactful and meaningful the Crisis Center was to us. I have shared this with them several times throughout the years. Now we want to give back and help others."

-past client & survivor

OUR PROGRAMS



Domestic Violence & Human Trafficking

- Formed in 1982
- Serves 17 counties
- Free & Confidential Services
- 24 Hour Support
- familycrisiscenters.org

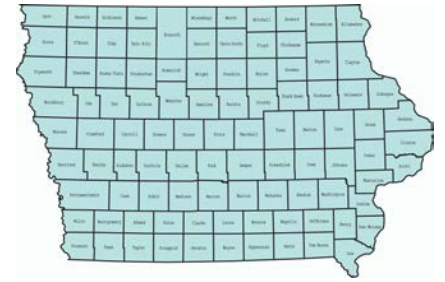
Our specially-trained advocates support victims and survivors through crisis situations and work with them for as long as they need, even after the crisis has resolved. Safety plans, protection orders, court accompaniment, and connection with resources are just some of the things our advocates do. They are mobile, meaning they make arrangements to travel and meet with clients where best for them. We also have an advocate in medical clinics in Sioux, Buena Vista, and Carroll counties.



Homicide & Violent Crimes (WISH Unit)

- Formed in 2013
- Serves 29 counties
- Free & Confidential Services
- 24 Hour Support

This unique program is making a difference to lessen secondary trauma and restore stability in the lives of victims of violent crimes and survivors of homicide. Survivors of homicide can include family and friends of the victim. Crime Victim Services Specialists work to ensure survivors' rights, safety and healing are given priority and quality care. Each crime is unique and receives specialized services, both immediate and long term. Care can continue as long as needed.



Iowa Victim Service Call Center

- Formed in 2015
- Serves entire state of Iowa
- Free & Confidential Services
- 24/365 Live Support
- survivorshelpline.org

This statewide program, funded through the Attorney General's Office, gives victims and survivors of all crime in Iowa a resource that's accessible 24 hours a day, 365 days a year. Advocates are extensively trained to assist callers of all crimes. With knowledge of resources throughout Iowa, they can assist any caller throughout the state. If you want a free, confidential person to talk to about a crime committed against you, call us at 1.800.770.1650 or text iowahelp to 20121.

HOW CAN YOU HELP?

Donate

Financial donations are our greatest need. Your generous gifts provide us with the means to meet the full needs of the victims and survivors we serve. Consider adding Family Crisis Centers to your annual giving.

Volunteer

We have a variety of volunteer opportunities available that can vary from short term to on-going. Some of these opportunities can include office work and administrative tasks, special events and fundraising, direct service work and more. For those interested in working with victims and survivors, all training will be provided

at no cost. All volunteers are required to follow strict rules of confidentiality.

Special Events & Fundraising

We host a variety of fundraisers, providing another opportunity for individuals, businesses, and communities to support FCC. If you want to learn about events near you, or are interested in helping plan fundraisers in your community, please contact us.

If you want to help in any way, please contact us at our main office - we'd love to hear from you!
712.722.4404 or email fcc@familycrisiscenters.org

IF YOU OR SOMEONE YOU KNOW NEEDS HELP

Please call us. We're here for you any day, any time. We have different programs that may be able to help you. Everyone deserves a life free from violence. Our services are always free and confidential.

1.800.382.5603

WINE GALA & AUCTION

MARCH 16, 2018



**Doors open 5pm
Auction at 6:30pm
Terrace View Event Center
Sioux Center, IA**

Our annual Wine Gala & Auction is set and we hope you will consider joining us! The evening raises vital funds for the free and confidential services we're providing victims and survivors throughout Iowa every day. The services that reach, change and save lives.

The success of the event depends on financial sponsorship, generous attendees, and auction item donations. If you'd like to donate an auction item, please contact us. Nothing is too small or large - everything goes! For more information on how you can support the auction, please contact us:

fcc@familycrisiscenters.org
or 712.722.4404.